

Strategic Delivery Plan

2025-2028

Partners in Care

The Strategic Plan for Health & Social Care in Moray over the next 10 years 2022-2032

Ladder Hills

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Foreword

As Chair of the Moray Integration Joint Board, I am pleased to present our Strategic Delivery Plan for 2025–2028. This plan represents our shared commitment to transforming health and social care services in Moray 🛛 ensuring they are sustainable, person-centred, and responsive to the needs of our communities.

The plan sets out how Health & Social Care Moray will deliver on the ambitions of our Strategic Plan, Partners in Care, over the next three years. It connects strategic objectives with the activity we need to deliver and provides a framework for how we make the best use of our integrated resources.

It outlines the key areas of work that will help us improve health and wellbeing outcomes for the people of Moray through our focus on preventing ill-health, reducing health inequalities, promoting independence, and supporting resilient communities.

This is not a static document. It will be reviewed regularly through our Strategic Planning and Commissioning Group to ensure that actions are progressing, priorities remain relevant, and improvements are made where needed. It will also serve as a key tool in monitoring how well our Strategic Plan is working in practice.

We are under no illusion about the real and growing pressures on the health and care system. An ageing population, increasing levels of poor health, workforce challenges, and financial constraints, all mean we must think differently, work differently, and continue to build on the strength of our partnerships.

I would like to thank everyone who has contributed to shaping this plan. It is only through collective effort 🛛 across our communities, our workforce, and our partners 🗠 that we will succeed. I am confident that, together, we can deliver meaningful, lasting improvements for the people of Moray.

Councillor Elaine Kirby

Chair, Moray Integration Joint Board

1 Introduction

This Strategic Delivery Plan should be read alongside the Moray Health and Social Care Partnership (HSCM) Strategic Plan which was agreed by the Moray Integration Board (MIJB) in November 2022. This delivery plan sets out the programme of transformational

and improvement work underway to enable the HSCM to meet its strategic priorities. The Strategic Plan itself is also supported by the HSCM's Workforce Plan, Medium Term Financial Strategy and Commissioning and Procurement Plan. The work of the HSCM also supports, in part, the delivery of Moray Council's Plan and NHS Grampian's Plan for the Future.

Our key focus continues to be progressing the integration agenda by increasing access to community-based health and social care services, shifting the balance of care from hospital to more homely settings, and supporting our most vulnerable citizens. Whilst setting out our vision, which remains **"We come together as equal & valued partners in care to achieve the best health & wellbeing possible for everyone in Moray throughout their lives".** We continue to deliver on our three strategic themes by setting clear strategic objectives which can lead us to improving outcomes over the next ten years.



BUILDING RESILIENCE

HOME FIRST

PARTNERS IN CARE

2 Moray Health & Social Care Partnership

Many of the pressures and challenges being faced within Moray are reflected across Scotland. The joint strategic needs assessment was updated as part of refreshing and continuingly informing the development of the delivery plan. There is a changing dynamic over the last 20 years where the population is becoming healthier and living longer but we appreciate that an increasing number of people experience the burden of long-term medical conditions. Moray is a large rural area where the average life expectancy is above the Scottish average. However, due to socio-economic factors and population spread, there are different rates of life expectancy and healthy life expectancy across Moray.

2.1 Joint Strategic Needs Assessment

The revised Joint Strategic Needs Assessment was approved by MIJB on 26 September 2024. The key aspects identified in the assessment for Health and Social Care Needs in Moray identify the specific challenges and pressures on the health and care system within Moray, and are set out below:-

Ageing Population

Moray is projected to have an increasingly ageing population structure. Between 2023 and 2038 it is projected that the number of 5-17 year-olds in Moray will decline by 19% (-11% for Scotland). Conversely, those aged 85 and over will increase by 63% in Moray and 47% in Scotland.

Above average limiting long term illnesses

Approximately 40% of Moray residents live with limiting long term illnesses, above the Scottish average of 36%. Moray has a higher prevalence for all diseases when compared to Scotland as a whole, the only exception being COPD.

The prevalence of Dementia

Within the Moray population has increased from 4.9 per 1,000 population in 2017/18 to 5.6 in 2022/23.

The prevalence of Depression

In both Moray and Scotland has risen between 2017/18 and 2022/23.

Above average smokers

In the 2018-2022 aggregate time period, 18% of Moray adults aged 16 years and over were smokers, above the Scottish average of 13%.

A&E attendances at Dr Gray's Hospital

There were 28,402 attendances in 2022/23, an 11.2% increase on the previous financial year and reaching a value above pre-pandemic levels (in contrast to Aberdeen Royal Infirmary). High intensity use is greatest in areas of deprivation, and across all age groups it is associated with issues such as homelessness, being out of work, mental health conditions, drug and alcohol problems, criminality, and loneliness and social isolation.

Care Homes

Moray has higher rates of 65-84 year olds than Scotland

Care at Home

A decrease in the number of people supported with care at home provided/funded by Moray Health and Social Care Partnership for the fourth consecutive year. Moray's Care at Home Service recipients have high levels of A&E attendances as a rate per 1,000 at 189.6 (Jan-Mar 2023) compared to 155.6 for Scotland.

Access to GPs

52% report they cannot get a GP appointment within 3 days.

Cancer Screening

GPs in Moray report that they are seeing and referring more people with cancer symptoms, but less cancer is being diagnosed and it is being diagnosed later. This is a concern as there will be increasing 'unfound' cancers, and later diagnosis means less will be treatable.

Inequalities

Clear inequalities are present: females in the most deprived areas of Moray have a 3% lower life expectancy than Moray as a whole; males in the most deprived areas have a 5% lower life expectancy than Moray as a whole.

Fuel Poverty

32% of Moray residents faced fuel poverty, far higher than the overall Scottish figure of 24% over the same period. Extreme fuel poverty in Moray (2017-2019) was estimated to be 19%, higher than Scotland's 12% over the same period. Cost of Living – almost 40% of Moray households (39%) describe themselves as experiencing problems with meeting housing payments, which ranges from 42% in Buckie to 33% in Speyside. 15% of Moray households describe themselves as having financial difficulties now, in comparison to 4% pre COVID. One in five households in Keith were currently experiencing financial difficulties (20%).

Increasing child poverty

24.1% children (4,228 individuals) were in poverty in 2021/22 in Moray, a rise in percentage from 20.8% in 2014/15 (3896 individuals).

Food insecurity has increased in Moray: in the 2018-2022 period 8% of residents were worried that they would run out of food, up from 7% in 2017-2021, and 6% in 2016-2019

<u>Veterans</u> - There are two large military bases in Moray: RAF Lossiemouth and Kinloss Barracks, which employ around 4000 people at present. We also need to consider the health needs of veterans of the armed forces; where the population often differs in structure to the non-veteran population; usually older and more males than females.

Unsuitable housing

The Moray HDNA 2022 estimated 2,160 households across Moray (which equates to 5% of the total households in Moray of 43,995) require to move to alternative housing to address housing unsuitability.

Delayed Discharges

On average, 39 beds were occupied by delayed discharges each day in Moray in the 2022/23 financial year. This is a 34.5% increase on the 2021/22 value of 29 beds.

2.2 Establishing Sustainable Models of Care

As a partnership, we are cognisant of the financial constraints we, and our partners, are working within. The existing available budget does not meet the demand for services being delivered at the current rate, and in order to be sustainable we will have to make difficult choices and continue with designing services through transformational change where the person receiving the

service remains at the heart of the conversation. The future of Health and Social Care delivery very much depends on the decisions that will require to be made, as the option to remain as we are is not viable.

Therefore, there is a strengthened focus on prevention and early intervention to promote good, positive physical and mental health and wellbeing for all people across all ages and client groups. We know 70 to 80% of people with long term health conditions could manage their conditions themselves with support from informal health systems, and a number of identified projects will seek to explore the options to maximise every opportunity for informal supports.

We must continue to work with our communities as we move forward, placing communities at the heart of public health can reduce health inequalities, engage those most at risk of poor health, empower individual and communities, and build resilience. That also involves supporting people to enable them to be responsible for their own health, and to work with health and care professionals to manage existing conditions.

HSCM is responsible for almost 1,795 staff members employed by NHS Grampian or Moray Council. Not only do we recognise the tremendous amount of effort and work undertaken each day in Moray to support people in our communities, but we also recognise the role of 'communities' themselves, in supporting the most vulnerable and providing resilience.

We have to change, we have to deliver differently, we have to focus on what we can support, what we ask people to do and how we ask communities support us.

2.3 Relationships and Collaboration

Our partner organisations, Moray Council and NHS Grampian are facing similar financial challenges along with our neighbouring Health and Social Care partnerships in Aberdeen City and Aberdeenshire. There is agreement that we need to work together to ensure we maximise every opportunity whilst minimising any negative impact of change across our whole health and social care systems. We are committed to sharing best practice and learning from each other and a Grampian Health and Care Strategic Change Board was established in November 2024. As the Board develops it will be responsible for developing and implementing the **NHS Grampian's Route Map for Strategic Change** in collaboration with Integration Joint Boards (IJB), which will be a key document outlining our shared strategic priorities for the future of health and care across the North East, coupled with the practical steps required to create a sustainable health and care system.

3 Key Enablers

The delivery of the strategic plan is underpinned by key workstreams shown under the theme of **Strategic Leadership**, **Planning and Performance.** This workstream encompasses the development and implementation of strategies that will set the culture and standards for HSCM in relation to Finance, Communications, Workforce, Performance and Quality Assurance, Commissioning, Infrastructure, Digital Health Care and Governance. These elements combined will form the basis and structure for the delivery of the specific priorities outlined under the Strategic Objectives and our strategic themes of Building Resilience, Home First and Partners in Care.

4 Performance and Governance

The Strategic Planning and Commissioning Group (SCPG) has responsibility for oversight of the development work streams arising from the HSCM's Strategic Delivery Plan and will consider options appraisals and key project documentation as progress is made. HSCM Senior Management Team will lead the implementation of the delivery plan and the definition of SMART objectives, against which progress will be measured.

Progress of the actions within this delivery plan will be overseen and scrutinised by the Senior Management team and Strategic Planning and Commissioning group and will be reported to the MIJB on a six monthly basis. An annual review process will provide the opportunity for the MIJB to review both the progress of the projects during the previous year as well as the focus for the forthcoming year. In developing this approach, we aim to remain cognisant of prioritising areas of change and transformation that will enable the delivery of our strategic priorities in an environment which very much requires a flexible approach

The performance reporting framework is being revised and will be implemented for reporting in 2025. To provide assurance and oversight a high-level summary of performance against the outcomes of the Strategic Delivery Plan will be reported to the Audit, Performance and Risk (APR) Committee on a quarterly basis.

Outcomes to be achieved will be set against each project, along with key milestones for delivery, and the performance indicators that will provide assurance that the required changes and improvements are taking place.

The Strategic Delivery Plan will be closely aligned with the HSCM Medium Term Finance Strategy (MTFS) and Workforce Plan, as the three main levers through which we will deliver the HSCM Strategic Plan.

5 Strategic Delivery Plan

As previously described, this Strategic Delivery Plan sits within a wide and complex planning and policy environment where the HSCM plays a critical role in working collaboratively with partners to deliver on whole system priorities and work streams, including supporting delivery of the NHS Grampian Plan for the Future and Moray Council Plan. It is therefore not exhaustive of all areas of HSCM activity where we are a key partner, for example: in delivery of the Moray Children's Services Plan to improve the wellbeing of children and young people in line with the GIRFEC (Getting It Right For Every Child) philosophy; in the initiative Discharge Without Delays, to develop improve the integrated model across the whole-system for frail older people accessing hospitals; and in developments around population health initiatives to support prevention and early intervention for all.

The plan below reflects the key actions being driven by HSCM over the next three years. The Strategic Delivery Plan will remain a live document to ensure we can be agile and responsive to new or emerging priorities whilst ensuring a focus on delivery of the HSCM's own strategic priorities.

This Strategic Delivery plan provides high level information about each action, links to strategic objective and strategic themes including a key summary and the priority tasks that will be undertaken. Some of the projects identified will go beyond the duration of this Strategic Delivery Plan due to their nature and complexity.

5.1 STRATEGIC THEME - BUILDING RESILIENCE

Objective 1: We focus on prevention and tackling inequality

Years

	Key Heading	Description	Lead	1	2	3	Timesca le	Outcomes
1	Early Intervention and Prevention	We aim to provide support to the c improving outcomes and prevention or risk						
1.1	LD Health Checks	Annual Health Checks for People 16+ with Learning Disabilities	LD Service Manager	X	Х		Apr-26	Evaluation completed and learning shared
1.2	Social Prescribing	To scale up the current test of change and deliver a social prescribing model across all Moray localities	Health Improvement Team Leader	x	x		Apr-26	To improve health and well- being by connecting individuals to community resources and activities that address their social, emotional and practical needs. To reduce unnecessary pressure on clinical healthcare services
2	Poverty Strategy	To work with partners to raise awa to reduce the impact of poverty or and wellbeing in Moray						

2.1	Contribute to	Contribute to Fairer Moray Forum	Localities Manager	Х		Sep-25	Moray-wide strategy and
	development of	in order to develop Moray-wide	(West)				action plan in place to tackle
	Moray wide	poverty strategy and action plan.					poverty, and in progress by
	poverty						March 2025
	Strategy and						
	Action Plan						
2.2	Raising	Develop and deliver training to	HI Team Leader	Х	Х	Sep-26	Increased number of frontline
	awareness of	front line staff and decision					staff trained & confident in
	the Impact of	makers in order to raise					speaking about
	Poverty on	awareness & understanding of					poverty/referring on for
	health	impact of poverty on health and					appropriate support
		ability to access health					
		services/comply with treatment					

Objective 2: We nurture and are part of communities that care for each other

	Key Heading	Description	Lead	1	2	3	Timesca	Outcomes
							le	
3	Supporting Unpaid Carers	Continue to work collaboratively w achieve a support network and de services to ensure unpaid carers c meet their own individual needs a person they care for	liver high level are supported to					
3.1	Unpaid Carers delivery plan	Implement the actions outlined in the Unpaid Carers delivery plan	Unpaid Carers Strategy Group		x		Mar-26	Increased awareness of unpaid carers with professionals across health and social care and within the community.

3.2	Produce & plan	Unpaid Carers Strategy for	Unpaid Carers		Х	Mar-27	Published strategy
	implementation	2027-2030	Strategy Group				
	of the Unpaid	Review and update Unpaid					implementation plan actioned
	Carers Strategy	Carers Strategy, to determine the					
	for 2027-2030	effectiveness of a new strategy					
		to determine if an extension and					
		review of the current strategy is					
		more beneficial.					
		Develop implementation plan					
4	Primary Care	Aiming for sustainable General Pro	ictices across				
	Sustainability	Grampian that enables people to s	stay well in their				
		communities through the prevention	on and treatment of				
		ill health through the VISION aims o	and objectives				
		(Hosted Services).					
4.1	Support the	The VISION is supported by 10 Key	Primary Care	Х			Ensure delivery Moray PCIP
	delivery of GP	themes, with the agreed initial	Development				within budget through
	VISION aims	focus on 5 areas:-	Manager			Jul-25	implementation of a Financial
	and objectives	Data; Digital; Multi-Disciplinary					plan
	for GPs and	Team; Models of Contracts;	GP Clinical Lead				
	Primary Care	Premises					
	improvement						
	Plan (PCIP)	To provide support and					
	across Moray	guidance to PCIP works-streams					
		and GP practices through				Sept-25	Workstream service plans for
		transformation and delivery of					Moray PCIP reviewed and
		a and off find doily of					

		the key theme changes					updated by Sept 2025
		To provide support and guidance to GP practice to safeguard sustainability				Ongoing	
		To support the delivery of the 2018 GMS contract and Memorandum of Understanding (MOU) for PCIP To develop and support				Mar-26	Vision programme progressing towards aims and objectives of 2018 contract and MoU and implementation of the improvement plan
		opportunities for flexibility in the contract				Ongoing	
5	Mental Health Services	Intact the Moray Good Mental Hea (2016-2026) and the underpinning Delivery Plan	0,				
5.1	Mental Health - Early intervention, prevention and self- management	Move towards a preventative, population health model which promotes and sustains good mental health and wellbeing.	Mental Health Services Manager / Health Improvement Team Leaders / Mental Health Strategic Lead	X	X	Mar-26	 developed social connections, tackled isolation, increased individuals resilience, strengthened use of community assets.
5.2	To deliver services in line with the Mental	A focus on Mental Health Standard 1: Access	Mental Health Services Manager /Child	X	X	Oct-26	 improved responses to people in distress creation of a shared

	health Quality	Develop mechanisms so People	Health				understanding of mental
	Standards;	in Moray have equitable and	Commissioner /				health pathways in Moray
	l: Access	non-discriminatory access to	Mental Health				- increased staff recruitment
	2: Assessment	effective and relevant support	Strategic Lead				and retention
	3: Transitions	for their mental health, within	5				
	4: Workforce	appropriate timescales.					
	5: Governance						
	&						
	Accountability						
6	Collaboration &	Our communities and third sector	partners provide a				increase number of people
	Partnership	vital and valuable contribution to t	he levels of				being supported by third
	Working	prevention, support and resilience	that can be				sector and community
	-	provided in and across Moray. Thi	s is an area we				partners
	to enable	need to grow, encourage and nurt	ure in order to meet				
	people to	increasing demand for low level ne	eeds appropriately.				
	manage their						
	own physical,						
	social and						
	mental well-						
	being						
6.1	Build the	Invite third sectors	All Service	X		Mar-26	Third Sector representation in
	infrastructure	representation in design of	managers /				all appropriate service
	and capacity in	services and contracts, where	Commissioning				redesign or contract reviews
	the community	there is an opportunity for					
	to support	working differently.					
	people to self-						
	manage						

6.2	Increase	Work alongside our own groups,	Community	X	Х	Jun-26	Increased number of resilient
	resilience,	and other community and third	Wellbeing				community led groups and
	sustainability	sector groups as capacity	Development				partnerships supporting
	and growth of	allows, to provide support and	Team				mental and physical wellbeing,
	our own groups	equip them with the tools to					prevention and enablement in
	and third and	enable independence and					Moray
	community led	sustainability of groups.					
	groups across	Continue to grow and strengthen					
	Moray	collaborative and partnership					
		working opportunities.					
7	Children	Plan aims to embed Corporate Par	enting and				
	Service plan	implement the foundations of The	Promise for				
	2023-2026	Children, Young People and familie	es of Moray)				
7.1	Delivery of the 6	- Improving Outcomes for looked	Head of Service /	Х	Х		delivery of the actions
	improvement	after and care experienced	CSWO				
	priorities	young people					improvements in Key
		- Tackling child poverty					performance measures
		- Supporting children and					identified
		families who experience					
		challenges due to					
		disability/neurodiversity					
		disability/neurodiversity - Keeping children safe					
		- Keeping children safe					

8	Provision of a	Rooted in the principles of	Locality Managers			
	Sustainable	proximity, accessibility, and			Sept-25	Locality Plan in place
	Locality Model	community engagement, the				
		locality model seeks to enhance				Multi-Disciplinary Teams
		the responsiveness,			Sept-26	embedded in all localities
		effectiveness, and relevance. of				
		health and social care provision				Communities involved in
		by decentralising services and				monitoring effectiveness of
		fostering strong partnerships at			Jun-26	local service delivery
		the neighbourhood level.				local service delivery

5.2 STRATEGIC THEME - HOME FIRST

Objective 3: We work together to give you the right care in the right place at the right time

	Key Heading	Description	Lead	1	2	3	Timesca le	Outcomes
9	Discharge Without Delay (DWD)	Discharge without Delay (DWD) is programme for frail older people Scottish hospitals, pulling best pro services and pathways into an int strives to deliver Comprehensive ((CGA) in the timeliest manner, wh negative impact from hospital inc dependency to the person.	currently accessing actice, individual egrated model that Geriatric Assessment ille ensuring no					 Reduce acute geriatric length of stay (LOS) by >20% by December 2026 Reduce community hospital/ step-down LOS to 20% by December 2026 Reduce total respective HSCP delayed discharges by >20% by December 2026 Less 25% of delayed discharges are in acute hospitals by December 2025 Aim acute hospital geriatric service and community hospital occupancy to 90% by
9.1	Discharge to Assess (D2A) & Home First	To discharge people home in a timely manner to minimise hospital induced dependency. With services providing a responsive community home care support to enable discharge without delay.	Head of Service	X			Dec-25	Reduction in delayed discharges
9.2	Community	Facilities should be staffed and	Professional lead	X	X		Dec-26	"To be" status designed and

	Hospital and	empowered to take frail people	OT / Team				action plan developed and
	Step Down	required rehabilitation and more					
	Rehabilitation	· ·	Manager				approved
		prolonged periods of	(Independent				
	Units	assessment, ideally from frailty	Living)				Changes identified in plan are
		units and discharge back to					implemented
		communities via agreed PDD					
		process, both without delay.					Reduction in length of stay
							Avoidance of unnecessary
							admissions :-
							Reduction in unnecessary
							admissions from Emergency
							Department, AMAU and CDU
							Number (& %) of people re-
							abled through the D2A/START
							process within 12 week target
9.3	Frailty at Front	Acute hospitals should deliver	Head of Service	X		Mar-26	Pathways completed and
	Door	early comprehensive geriatric					communicated
		assessment (CGA) in specialist					
		acute frailty units from point of					increase assessments for
		acute admission.					support (inc care) undertaken
							in the home
9.4	Planned Date of	Acute hospitals should aspire to	Lead Nurse	X	X	Dec-26	Increase in % (and number) of
	Discharge	single point of referral for					compliant PDD
	(PDD) process	complex discharges with the					•
	and Integrated	process of discharge planning					
	Discharge	via MDT proactive advanced					
	Teams	discharge date setting.					

10	Promotion of Self Directed Support (SDS) Options	Increase the promotion and use of baseline) to meet individual needs Increasing choice and control of in how their support and care needs	s. Idividual needs and are delivered.			Quarterly Audits of use of SDS options (establish baseline)
10.1	Develop SDS Framework for options 1, 2 & 3 providers	Develop SDS framework for option 1, 2 & 3 providers. Collaborate with In-Control Scotland and CCPS to ensure the model is sustainable and has longevity taking into consideration national developments	SDS Officer / Procurement Officer MC, Provider Services Manager	x	Dec-25	Framework for providers established for SDS options to promote choice and control driven by individual preference opposed to market availability. Social work processes and assessment align with the principles of SDS
10.2	Self-evaluation against national SDS framework of standards to inform future requirements to improve performance and delivery	Benchmark local practise against the national SDS Framework of Standards (rev. May 2024) through self- evaluation against the core components and practice statements.	SDS Steering Group	X	Aug-25	Utilising the self-evaluation, identified areas of improvement are identified and a robust implementation can be developed to improve practise and peoples lived experience of accessing SDS. Internal process will align with the national vision for SDS. Social work process and assessment and Commissioning activity aligns with the principles of SDS.

10.3	Continue	Continue to promote the use of	SDS Steering	Х	Х	Х	Mar-28	Individuals have access to
	promotion of	Moray's Support in the Right	Group					independent support and
	independent	Direction (SiRD) funded projects						advice enabling them to make
	support and	to promote independent support						informed decisions around the
	advise for SDS	and advice relating to the						four options of SDS. Individuals
	options	options of SDS (Cornerstone)						have access to independent
		and independent SDS Advocacy						SDS Advocacy to support with
		(Circles)						accessing SDS.

OBJECTIVE 4: We help build communities where people are safe

	Key Heading	Description	Lead	1	2	3	Timesca	Outcomes
							le	
11	Managing frailty in the community	To create the conditions for a whole system frailty pathway within Moray encompassing community approaches to						Reduction in presentation / readmission rate of frail patients
		promoting aging well, and early identification.						
11.1	Identification and assessment of frailty within primary care over 65s	The early identification and assessment of frailty in primary care, to support proactive case management in order to prevent deterioration and hospital attendance	GP Strategic Lead / Moray Frailty Lead	X	x	x	Jun-27	 Active engagement with the public, health and social care staff and third sector / community groups to promote healthy ageing a proactive integrated planning and management approach in place to ensure best outcomes for the Individual

								- maximise the potential for digital innovation; from a prevention and early intervention approach, through to condition monitoring and self- management
12	Protecting People in Moray	In the community, we are committed people safe, through our Public Pro- the services supported by the Alco Partnership (ADP), our Justice Serv contributing to the community safe including the Violence Against Wo We will take a trauma-informed ap these services.	otection agenda, ohol and Drug vices and fety agenda, men Partnership.					
12.1	Preventing Suicide and Self Harm Deliver the Moray Suicide Prevention Action Plan 2025-28 (in draft pending approval)	 Working in partnership so that People: in distress experience timely, compassionate and trauma informed responses. who have self-harmed receive effective treatment and aftercare are prevented from future suicide attempts and/or self- harm. 	HSCM Mental Health Strategic Group Moray Suicide Prevention Group	X	X	x	2028	(SP1) More people in our communities have a clear understanding of suicide, risk factors and its prevention (SP2) People experiencing suicidal crisis are kept safe and their situations do not further escalate (SP3) More people are supported through Distress Brief Interventions

12.2	Reducing drug	Working in partnership so that	Moray Integrated	X	X	X	2028	(ADP1) More people receive
	and alcohol	People:	Drug and Alcohol					overdose awareness advice
	related harm	• who take harmful drugs are	Service (MIDAS)					and provision of take-home
		offered evidence-based harm						naloxone
	Deliver the Moray	reduction and advice	Moray Alcohol &					(ADP2) People wait no more
	Alcohol & Drug	• can access the services they	Drug Partnership					than three weeks for specialist
	Partnership	need to support their recovery.						drug and alcohol treatment
	Strategic Delivery	remain in treatment for as long						(ADP3) More people have
	Plan 2025-28	as they need to.						access to Residential
	(in draft pending							Rehabilitation placements
	approval)							(ADP4) Fewer people
								disengage from specialist
								drug and alcohol treatment
12.3	Protecting	Working in partnership so that	Moray Children &	Х	X	Х	2026	(CPC1) More children and
	Children and	children and young people:	Families Social					young people are supported
	Young People	•are safer because risks have	Work and					to develop healthy
		been identified early and	Community Child					relationships with peers, online
	Deliver the <u>Moray</u>	responded to effectively.	Health Services					and in the community
	Children's	 lives improve with high quality 						(CPC2) More children and
	<u>Services Plan</u>	planning and support	Moray Child					young people are protected
	<u>2023-26</u>	experience sustained loving and	Protection					from harm because of
	(Priority -Keeping	nurturing relationships to keep	Committee					improved home
	Children & Young	them safe from further harm.						circumstances
	People Safe)							(CPC3) Children who have
								experienced or witnessed
								abuse are supported through
								recovery and do not
								experience further trauma.
12.4	Protecting	Working in partnership so that	Moray Adult	X	X	Х	2026	(ASP1) More Adults are

	Adults at risk of	Adults at risk of harm:	Social Care					protected from harm due to a
	harm	•are safer because risks have	Services					reduction of risk
		been identified early and						(ASP2) Adults at risk of harm
	Deliver the Moray	responded to effectively.	Moray Adult					report feeling safer because of
	Adult Support	 lives improve with high quality 	Protection					their adult support and
	and Protection	planning and support	Committee					protection plan
	Self Evaluation							(ASP3) Adults at risk of harm
	Improvement							experience improvement to
	Action Plan 2024-							their health, wellbeing
	2026							and overall quality of life
12.5	Reduce	Working in partnership so that:	Moray Justice	x	X	X	2027	(CJP1) More people
12.0	reoffending	 People can access the 	Social Work	^	^	^	2027	successfully complete their
	reonending	services they need to support	Service					community payback or drug
	Deliver the Moray	desistance	Service					testing and treatment orders
	<u>Community</u>	 People have access to 	Moray					(CJP2) Less homelessness
	Justice Outcome	suitable accommodation	Community					applications are made by
	Improvement	following release from a	Justice					people released from prison
	Plan	prison sentence	Partnership					(CJP3) More people are
	2024-27	People in police custody receive						referred onto support services
		support to address their needs						by custody centres
12.6	Eradicating	Working in partnership so that:	Moray Children &	Х	Х	Х	2028	(VAWG 1) More people in our
	Violence against	People in Moray are equally	Families and					communities understand the
	Women & Girls	safe and respected	Justice Social					causes and consequences of
		Survivors of VAWG have access	Work					VAWG
	Deliver the Moray	to trauma-informed recovery,						(VAWG 2) Women and
	Violence against	support and justice.	Community Child					children report feeling safer as
	Women and Girls	Children affected by domestic	Health Services					a result of the specialist
	Partnership	abuse are supported to stay						support they have received.

Delivery Plan	safe and remain in the care of	Moray Violence		(VAWG 3) Fewer children and
2025-28	their non-offending parent	against Women &		young people are placed in
(In draft/pending	Perpetrators are held to account	Girls Partnership		care due to domestic abuse
approval)	and supported to change their			(VAWG 4) More people
	behaviour			successfully complete
				specialist perpetrator
				interventions

5.3 STRATEGIC THEME - PARTNERS IN CARE

Objective 5: We are an ambitious and effective partnership

Objective 6: We are transparent and listen to you

Ref	Key Heading	Description	Lead	1	2	3	Timesca le	Outcomes
13	Redesigning Models of Care							
13.1	Community Hospital Redesign	Review and redesign model for community hospitals using research undertaken in Moray and learning from other areas. Engaging with stakeholders to consider options and ultimately establish the model for Moray	Head of Service	X	X	X	Dec-27	Model for community hospitals in Moray agreed
13.2	GMED - redesign	Through the redesign, the service will find the balance between financial pressure, clinical governance and patient safety, staff governance with a focus on prevention	Service Manager - GMED	x			Dec-26	Model of service delivery agreed and implemented
13.3	Care at Home - Strategic Review and redesign of care at home	Strategic review and redesign of the care at home service to create options and capacity within a sustainable model	Service Manager - Provider Services	X			Nov-25	Increased capacity for provision of care at home at a financially sustainable cost.

	service	that will meet future needs						
13.4	Review and	A full redesign and	Service Manager	Х			Mar-26	Redesign model agreed and
	Redesign of Adults	modernisation of Adult day	- Provider					implemented
	Day Care	services where individuals are	Services					
	services	able to access sustainable						Transportation policy revised
		day support, which is person						and adopted
		centred and meets their						
		agreed outcomes and						
		aspiration. Where appropriate						
		day service will be provided						
		within their own local						
		communities, and where this						
		is not possible the review of						
		the transportation policy will						
		provide clarity of what						
		support will be available.						
14	Suitable Housing -	In collaboration with partners in						
	Strategic oversight	Local Housing Strategy (SHIP), w						
	of accommodation	and their families in establishing	•					
	requirements	appropriate accommodation to	•					
		inappropriate long-term placer	ment and					
		breakdown of care.						
14.1	Learning Disability	In collaboration with partners	Service Manager	X	X	Х	ongoing	Reduction in the out of area
	long term	supporting people with	Learning					placements and associated
	sustainable	learning disabilities and their	Disabilities /					costs
	accommodation	families in establishing	Localities					
		tenancies in new supported	Manager Elgin					Increase in the number of
		accommodation.						people with learning
								disabilities establishing

		Continuation of LD Housing Projects in collaboration with partners to develop sustainable accommodation provision within Moray					tenancies
14.2	Older People - provision of sustainable supported accommodation	Local Housing Strategy Priority 3 Partnership working maximises housing role in improving health and wellbeing Define model for mixed groups for extra care	Local Housing Strategy Steering Group	X		Aug-25	Requirement defined for incorporating into the Local Housing Strategy
14.3	Mental health - provision of sustainable, appropriate supported accommodation	Assessment of need within Moray and development of plan to address need	Local Housing Strategy Steering Group	X	X	Sep-26	Plan for provision of supported accommodation
15	GIRFE	Getting it Right For Everyone (GI multi-agency approach to heal support and services from youn end of life.	th and social care				

15.1	To embed the GIRFE	The promotion of GIRFE to key	GIRFE lead officer	X	X	Mar-26	GIRFE principles embedded in
	toolkit and	Moray stakeholder groups					service delivery
	principles into the						
	planning and						
	delivery of services.						
16	Support for long	Support people with long term of	conditions to stay				
	term conditions	well and independent for as lon	g as possible				
		through a variety of tools and m	nodels.				
16.1	Heart of Moray -	Using research from DHI and	Lead Dietician	X	X	Sep-26	Improvement in health of
	Making it easier to	working with partners to					participants in the programme
	improve our health	develop new range of services					
	and wellbeing.	to help people improve their					Increased number of
	- Diabetes	diet and lifestyle. Initial focus					participants accessing the
		to work with people aged 40					services
		and under who have type 2					
		diabetes - Moray Heart, with					
		future focus around					
		Respiratory and Heart Failure					
		services					
16.2	Initial review of	Cancer Journey-	Chief Nurse	X		Dec-25	Sustainable model of care in
	palliative models of	Initial review of palliative					place
	care for cancer	cancer services in Moray,					Support available to those who
	services in line with	including engagement with					need it
	the National	stakeholders, to develop a					
	Palliative Care	model for Moray					
	Framework						

16.	Establishment of a	Dementia-	Mental Health	X			Sep-25	Moray Dementia pathway in
3	Moray Dementia	Establishment of a Moray	Services Manager					place
	Strategy & Moray	Dementia Strategy and						
	Dementia Pathway	Moray Dementia Pathway in						
	in line with	line with Grampian and						
	Grampian and	National dementia delivery						
	National dementia	plans.						
	delivery plans.							
16.	Embed promotion	Technology Enabled Care	Digital Lead	X	X	Х	Mar-28	Increase in use of TEC to
4	of technology	Embed promotion of						support people to live
	enabled care (TEC)	technology enabled care						independently
	options within	(TEC) options within						
	assessment	assessment process to						
	process to increase	increase use and impact of						
	use and impact of	TEC, supporting self-						
	TEC, supporting	management (i.e. to support						
	self-management	management of longer-term						
	(i.e. to support	conditions)						
	management of							
	longer-term							
	conditions)							
17	Moray Growth Deal	Working with DHI as part of the I	•					Increase ratio of those
	- Researching	to design the sustainable servic						supported to live at home,
	sustainable	that enable people to live as inc	• •					independently, with
	services	possible for as long as possible.	•					technology enabled care
		Community Connections, Perso	nal Data Store,					rather than in person care
		Smart Housing)						
								Manage the impact of
								demographic growth on care

						at home provision via hybrid approaches to care, such as social prescribing, as opposed to in person care
17.1	Partnership working to support the research and development initiatives led by DHI	To support the research and development of the 5 Living Lab research and design projects:- 1. LL1 Supported Self Management 2. LL2 Long Term Condition Management 3. LL3 Care in Place 4. LL4 Smart Housing / Smart Communities 5. LL5 Mental Wellbeing	DHI / Digital Health Lead	X	Mar-26	 Reduced dependency on HSCM Services through: Increased access to community spaces. Development of a community occupational health pathway Development of a Personal Data Store and the Community Connections Moray digital platform Increased access to SMART housing and remote monitoring within the community

5.4 STRATEGIC LEADERSHIP, PLANNING AND PERFORMANCE

Ε	E1	Digital Health and	To improve the care and	Digital Health	X	X	(Localisation of the National
Ν		Care	wellbeing of people in Moray by	Project Board				Digital Health and Care
Α			making best use of digital					Strategy 2021.
В			technologies in the design and					
LE			delivery of services					
R								
S			Ensuring we utilise modern					
			technologies, systems and tools					
			that assist and empower our					
			workforce to deliver high quality					
			services					
	E1.1	Develop Strategy for	Implementation of the Analogue	Project Board	X	X	Dec-25	First phase of transfer
		Technology Enabled	to Digital plan for community	A2D <u>/DHI/</u>				completed by December
		Care (TEC)	alarms	<u>Team</u>				2025
				<u>manager</u>				
			Developing and implementing a	<u>(от)</u>				
			strategic approach and					Model of support is in place
			framework for TEC support, based				Mar-26	Model of support is in place
			on evidence, to provide					and shared widely
			sustainable options through					
			collaboration with DHI					

E1.2	New Social Work	Procure and Implement a new	Head of	Х	Х		Mar-27	Procurement completed
	and Social Care	Information Management system	Service					and tender awarded.
	Information	for Social Work and Social Care	/cswo					
	Management	with the scope to develop and						System implemented
	System (SWIMS)	integrated information						
		management system across						services migrated and
		wider services providing support						operational
		to individuals and families						
E1.3	Incorporating new	Work in collaboration with	Digital lead	X	Х	X	Ongoing	Implementation of use of
	technologies	partners to explore the						artificial intelligence in
		opportunities of Artificial						various functions to release
		intelligence for performance of						capacity for other tasks.
		routine tasks to achieve						
		efficiencies						
E2	Strategic	In collaboration with stakeholders,	SMT /	x	Х	x	Mar-27	Strategic Framework and
	Commissioning	develop a Strategic	Strategic					governance approved and
		Commissioning Strategy and	Planning and					implemented
		Market position statement that	Commissioni					
		underpins the MIJB Strategic Plan	ng Group					
E3	Communications	Develop and embed a strategy to	Corporate	x			Sep-25	Communications Strategy
		inform and engage with all	Manager /					approved
		stakeholders and to include	SMT					
		management of expectations		1		1	1	1

E4	Workforce	Ensuring we have a Workforce	SMT	Х	Х	Х	Dec-25	Annual Report (via NHSG)
		that is agile and motivated to						
		meet the challenges presented					Apr-26	Workforce plan
		and that is sustainable and safe						implemented
		with a focus on staff wellbeing.						
							Apr-27	Increase in Volunteer
		Our volunteers provide a vital and					Apr-27	numbers and roles
		valuable contribution to the levels						
		of support that can be provided					Apr 20	Improved retention rates
		to our communities. This is an					Apr-28	
		area we need to grow in order to					Apr 20	Succession Planning
		meet needs appropriately.					Apr-28	embedded
E5	Infrastructure	Working with partners, review of		X	Х	Х	Apr-27	Accommodation assessed
		occupancy and use of premises						as suitable for service
		to seek opportunities for						delivery
		rationalisation or collaboration						
		with partners, to secure						Infrastructure plan
		sustainable and efficient use of						developed and adopted
		buildings and premises and					Dec-27	
		establish the Infrastructure plan						
		for HSCM Moray						
E6	Performance and	Develop framework to further	Deputy Head	X	Х		Dec-26	Performance framework
	Quality Assurance	support informed decision	of Service /					updated and implemented
	& Improvement	making	Corporate					Quality Assurance
	Frameworks		Programme					Framework embedded
			manager					

E7	Embed Robust	With partners develop good	SMT	X X	Х	Ongoing	Policy and protocol are
	Governance	governance protocols based on					updated and implemented
	systems	up to date policies that support					
		delivery of efficient, effective and					
		quality services.					
		Streamlining the decision making					Review to streamline
		structure to enable the		V		Dec-25	meeting structures and
		organisation to be agile in		X			confirm appropriate
		responding to emerging					delegation completed and
		pressures, whilst also ensuring					implemented.
		learning from Audits and					
		inspections are actioned and					
		embedded					
		Implementation of learning from				Ongoing	Positive inspection and audit
		audits and inspections					reports received
E8	Finance	Develop and monitor the	Chief	x x	Х	ongoing	Budget savings plan
		Financial Recovery Plan that will	Finance				approved and delivered
		enable the delivery of the	Officer				
		Strategic Plan objectives whilst					Medium term financial plan
		maintaining Financial					approved by MIJB
		Sustainability.					